

TROUT AIR

TAVERN

SUNDAY - THURSDAY MIDNIGHT TO 4AM

BREAKFAST

STEAK AND EGGS

8 oz. grilled strip steak, two eggs any style with breakfast potatoes and your choice of white, wheat or everything toast **13.75**

BREAKFAST PLATTER

Three eggs any style, bacon or sausage served with breakfast potatoes and your choice of white, wheat or everything toast **7.75**

CHEDDAR CHEESE OMELET

Three egg omelet with melted cheddar cheese, served with breakfast potatoes and your choice of white, wheat or everything toast **7.25** Add ham **2**

VEGGIE OMELET

Three egg omelet with spinach, feta, tomatoes, onions, mushrooms and peppers, served with breakfast potatoes and your choice of white, wheat or everything toast **9.25**

ALL MEAT OMELET

Three egg omelet with bacon, ham, sausage and pepper jack cheese, served with breakfast potatoes and your choice of white, wheat or everything toast **9.75**

Gluten free options are available. You may substitute fresh fruit in place of breakfast potatoes and toast for the items indicated above. Please ask your server for additional details.

ASIAN CUISINE

EGGROLL QUEEN JUMBO EGG ROLLS

Pork egg roll **3.5**
Steak and cheese egg roll **3.5**

SINGAPORE NOODLES

Shrimp, chicken, eggs, red & green peppers, Napa cabbage, scallions, and yellow onion stir-fried into spicy curry rice stick noodles **9.25**

PHO SOUP

Beef broth, thinly sliced flank steak, brisket, meatballs, onions, rice stick noodles, green onions and cilantro **9**

UDON STIR FRY

Udon noodles stir-fried with marinated sliced chicken thighs, bok choy, carrots, mushrooms, onions, sesame seeds and chili oyster sauce **8.75**

BULGOGI BÁNH MI

Thin sliced marinated beef, kimchi mayo, cucumbers, pickled carrots, jalapenos, and cilantro in a crusty baguette **9**

MONGOLIAN BEEF


Flank steak stir-fried with green and yellow onions in a garlic ginger brown sauce served with steamed white rice **9.25**

KUNG PAO CHICKEN

Chicken, carrots, mushrooms, red & green peppers, water chestnuts, bamboo shoots, peanuts and spicy brown sauce served with white rice **8.75**

FRIED RICE

Stir-fried rice, yellow and green onions, eggs, carrots and bean sprouts **5.5**
Add chicken **3**
Add beef **4**
Add shrimp **4**

 Proudly partner with local MN vendors

LATE NIGHT MEND

STARTERS

WISCONSIN CHEESE CURDS

Ellsworth's finest cheese curd, deep fried golden brown for a warm buttery crunch **6.75**

CHICKEN STRIPS

Breaded chicken tenders deep fried **6.25**
Add fries or tater tots **2**

SPICY CHICKEN WINGS

Nine breaded spicy wings served with buffalo hot sauce and blue cheese dressing **8.75**

FLATBREADS

BUILD YOUR OWN

Five blend mozzarella with red sauce **6.25**

TOPPINGS

Italian sausage **0.50**
Pepperoni **0.50**
Ham **0.50**
Chicken **0.50**
Mushrooms **0.25**
Onions **0.25**
Black Olives **0.25**
Green Olives **0.25**
Peppers **0.25**
Pineapple **0.50**
Tomatoes **0.25**
Extra Cheese **0.50**

SOUP

SOUP OF THE DAY **CHICKEN WILD RICE**
Cup **3.5** Bowl **5.5** Cup **4.5** Bowl **6.5**

MONDAY Loaded potato

TUESDAY Curried vegetable beef

WEDNESDAY Broccoli cheese

THURSDAY Chicken noodle

FRIDAY Clam chowder

SATURDAY Thai chicken

SUNDAY Split pea & ham

OUR FAVORITE HANDHELDS

All handhelds and burgers are served with your choice of chips, french fries or tater tots.

CHICKEN TENDER MELT

Crispy chicken tenders, swiss, cheddar, red onions, bacon and honey mustard on a seasoned grilled sourdough bread **9.25**

THE TAVERN BLT

Applewood smoked bacon, lettuce, tomatoes and mayo on toasted white or wheat bread **7.75**

DOUBLE DECKER CLUB

Black forest ham, turkey, bacon, cheddar cheese, lettuce, tomatoes and mayo on toasted white or wheat bread **10.25**

GRILLED CHEESE

Choice of American, swiss, provolone, cheddar or pepper jack cheese melted on grilled white or wheat bread **5.75**
Add black forest ham or turkey **2**

1/3 LB BURGER

Choice of American, swiss, provolone or cheddar on a grilled bun, served with lettuce, tomato, onion and pickle **8.5**

FEELIN' SAUCY: (SERVED ON THE SIDE)

BBQ sauce
Blue cheese dressing
Buffalo sauce
Honey mustard
Mayo
Garlic mayo
Ranch dressing

BURGER ADD ONS FOR \$1:

Applewood smoked bacon
Avocado
Fried egg
Sautéed mushrooms
Sautéed onions

Running Aces makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Please be aware that our facility prepares foods and uses ingredients in our products that contain nuts, nut oil, glutes and shellfish. Customers concerned with these food allergies or others please inform your server of any restrictions. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. THANK YOU.

LATE NIGHT MENU